WHO IS HOMELESS?

Subtitle VII-B of the McKinney-Vento Homeless Assistance Act (42 U.S.C. § 11431 et seq.; hereafter the McKinney-Vento Act), reauthorized in 2015 by Title IX, Part A of the Every Student Succeeds Act (ESSA), ensures educational rights and protections for children and youth experiencing homelessness. This brief explains the legislation and offers strategies for implementing it in a school district. Additional briefs on various topics in the law may be found on the websites of the organizations listed below.

Key Provisions

☐ The term “homeless” is broadly defined by the McKinney-Vento Act’s Education for Homeless Children and Youth Program, as quoted at left.

☐ The term “unaccompanied youth” includes youth in homeless situations who are not in the physical custody of a parent or guardian.

☐ Preschool children, migrant children, and youth whose parents will not permit them to live at home or who have run away from home (even if their parents are willing to have them return home) are considered homeless if they fit the definition.

Homelessness is a lack of permanent housing resulting from extreme poverty, or, in the case of unaccompanied youth, the lack of a safe and stable living environment. Over 1.35 million children and youth experience homelessness in a year. Families are the fastest-growing segment of the homeless population in the United States, accounting for approximately 40 percent of those in homeless situations. Two trends are largely responsible for the rise in family homelessness over the past 15–20 years: a growing shortage of affordable rental housing and a simultaneous increase in poverty. There is an increasing gap between income and housing costs for low-income individuals. For example, a minimum-wage worker cannot afford the Fair Market Rent for housing in any jurisdiction in the United States.

For the first time since the recession, U.S. household income increased significantly during 2015. However, millions of people continue to struggle economically. Household income for the poorest 10% of households remains 6% lower today than in 2006. The lack of affordable housing and the limited scale of housing assistance programs contributes to the current housing crisis and to homelessness. The affordable housing deficit has led to high rent burdens, overcrowding, and substandard housing. These factors have forced many people to become homeless with a growing number of people at risk of becoming homeless.

The primary causes of homelessness among unaccompanied youth are physical and sexual abuse by a parent or guardian, neglect, parental substance abuse, and family conflict.

Children and youth in homeless situations often do not fit society’s stereotypical images. For example, many children who are homeless are very young; in fact, over 40 percent of children living in homeless shelters are under the age of five. In addition, emergency shelters in urban areas cannot meet the rising need for temporary housing, turning away 52 percent of all requests for emergency shelter by families. Rural areas often have no shelters at all.

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As a result of the lack of shelter, most students in homeless situations share housing with friends or relatives, stay in motels or other temporary facilities, or live on the streets, in abandoned cars, and in woods and campgrounds. Of the children and youth identified as homeless by State Departments of Education in FY2000, only 35 percent lived in shelters, 34 percent lived doubled-up with family or friends, and 23 percent lived in motels and other locations. Yet, these children and youth may not immediately be recognized as homeless and are sometimes denied the protections and services of the McKinney-Vento Act. Therefore, the Act now contains a specific definition of homelessness that includes a broad array of inadequate living situations. This definition can help educators, families, and youth understand who is entitled to the Act’s protections.

The issue brief entitled “Identifying Students in Homeless Situations” provides strategies to locate and serve children and youth living in a variety of homeless situations. Consult other issue briefs in this series for legal provisions and implementation strategies to ensure children and youth in homeless situations can select their school, enroll in school immediately, access transportation services, have disputes resolved quickly, and access Title I services.

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**Footnotes**


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Every state is required to have a coordinator for the education of homeless children and youth, and every school district is required to have a liaison for homeless students. These individuals will assist you with the implementation of the McKinney-Vento Act. For information on the education of children and youth experiencing homelessness in Texas and to obtain contact information for the liaison in your district, please contact:

**TEXAS HOMELESS EDUCATION OFFICE**  
The University of Texas at Austin  
Charles A. Dana Center  
3925 W. Braker Lane, Suite 3.801  
Austin, TX 78722  
[www.utdanacenter.org/theo](http://www.utdanacenter.org/theo)  
1-800-446-3142

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**Endnotes**

All definitions are contained, exactly as written here, in McKinney-Vento Act Sec. 725(2); 42 U.S.C. 11434a(2).

“Children or youth who have run away from home and live in runaway shelters, abandoned buildings, the streets, or other inadequate accommodations are considered homeless, even if their parents have provided and are willing to provide a home for them.... Throwaway children or youth (i.e. those whose parents or guardians will not permit them to live at home) are considered homeless if they live on the streets, in shelters, or in other transitional or inadequate accommodations.” U.S. Department of Education Preliminary Guidance for the Education for Homeless Children and Youth Program, Title VII, Subtitle B (June 1995), 22-3.