



Youth Resource Guide

Gay & Lesbian Switchboard Houston: 713.529.3211
United Way Help Line: 211

Teenlink Houston: Teenline 713.529.TEEN
City of Houston: 311

National Runaway Hotline: 1-800-621-4000

AIDS Foundation Houston, 6260 Westpark Dr., 77057

Phone: 713.623.6796

Web: www.aidshelp.org

Ages: 18 and older

Hours: Mon – Fri 9 am – 5 pm (By appointment only)

Services: housing for HIV+ youth ages 18-24, free HIV/STI testing and counseling, housing for HIV + women and families, food pantry for HIV+ individuals

Baylor Teen Clinics, Various Locations; call or go online for more information

Phone: 713.873.3601 (Ben Taub Clinic, 1504 Taub Loop 77030)

Web: www.teenhealthclinic.org

Ages: 13-23

Hours: Mon – Thurs 8am-6:30pm

Services: counseling, pregnancy testing, prenatal care, birth control, HIV/AIDS & STI testing & education, OB/GYN services

Beacon (Cathedral Health Ministries),

1212 Prairie Street 77002

Phone: 713.220.9737

Web: www.chomhouston.org

Ages: all; 17 & younger accompanied by an adult

Hours: Thurs – Mon 7 am – 3 pm

Services: Hot meals, clothing, shower, laundry, case management, counseling

Bread of Life, 1703 Gray St. 77003

Phone: 713.650.0595

Web: www.breadoflifeinc.org

Ages: 18 & older

Hours: Daybreak Shelter Mon – Fri 6am;

Breakfast Mon – fri 6:30am, Sat. 8am, Lunch Sun. 12pm

Services: food, laundry, shower, hygiene supplies, Job development placement, Life skills training, HIV testing

Community Voice Mail, 600 Jefferson St., Suite 2050, 77002

Phone: 832.531.6008

Web: www.homelesshouston.org/community-voice-mail/

Ages: All

Hours: Mon-Fri 7am-4pm

Services: referral to a participating CVM service provider

Crossroads at Park Place, Servants of Christ UMC, 3827 Broadway 77017

Phone: 713.454.6480

Web: <http://www.servantsnow.org/SERVE>

Ages: All

Hours: Tuesday and Thursday 7am-12:30pm

Services: breakfast and lunch, clothing, showers, haircuts, laundry, hygiene kits, access to computers, community referrals

Disability Rights Texas, 1500 McGowen, Suite 1 77004

Phone: 713.974.7691; intake line 1.800.252.9108

Web: www.disabilityrightstx.org/

Ages: All

Hours: Mon-Fri, 9am-4pm

Services: legal advocacy for people with disabilities, including foster children and young adults

Emergency Aid Food Coalition, 5401

Fannin 77004

Phone: 713.528.3663

Web: www.eachouston.org/clients.html

Ages: 18 & older

Hours: Mon – Fri: 9am – 1pm (arrive by 8:15 for intake interview) all services; Lunch Program

Mon - Fri 11am - 1pm & Sundays 12pm - 1pm

Services: sack lunch, groceries (must have ID & residency); clothing (must have ID)

Goodwill Job Connection, 2520 Brun St.,

Room 101 77019

Phone: 713.590.3123

Web:

www.goodwillhouston.org/jobs/employment-opportunities/

Ages: 18 and older

Hours: Mon – Fri 8am-4:30pm

Services: job search assistance, resume prep and interview skills, computer lab and phones for job seeking, financial coaching, referrals

Hatch Youth, 401 Branard, Room 101 77006

Phone: 713.529.3590

Web: www.hatchyouth.org

Ages: 13 – 20

Hours: Tues: 5 - 9 pm; Fri: 7 - 10 pm & Sun: 6 - 9 pm

Services: mentoring/peer support, assistance in obtaining IDs, college/ vocational application assistance, life skills training, tutoring, scholarship application assistance, prevention education, youth support, crisis counseling, computer/internet access, suicide prevention, youth programs/activities, HIV testing.

Health Care for the Homeless Houston,

Site #1: 2505 Fannin 77002

Phone: 713.276.3073

Web: www.homeless-healthcare.org

Ages: 18 and older; minors must be accompanied by an adult

Hours: Mon - Thurs: 8 – 5; Fri: 8 - noon

Services: medical care, dental care, psychiatric care

Site#2: 1212 Prairie, 77002

Phone: 713.220.9730

Ages: 18 and older; minors must be accompanied by an adult

Hours: Mon & Wed 8 – 5; Tues 8 – 5 (women and children only); Fri & Sat 8 – noon; Sun: 9 – 1

Services: medical care

Houston Area Community Services, 2150

West 18th Street, Suite 300 77008

Phone: General: 713.426.0027;

Housing 832.384.1430

Web: www.hacstx.org

Ages: 18 – 24 (Youth housing); 18 & up for medical services

Hours: Mon - Thurs 9am - 6pm; Friday 8am - 5pm

Services: medical care, behavioral health, bus/Metro cards, case management, furniture donations/vouchers, housing

Houston Volunteer Lawyers, 712 Fannin,

Suite 2700 77002

Phone: 713.228.0735

Web: www.makejusticehappen.org/get-help

Ages: 17 & younger

Hours: Mon-Fri 8am-5pm

Services: legal services for emancipation only.

Kinder Emergency Shelter, 6300 Chimney
Rock Road 77081

Phone: 713.295.2500 (staffed 16 hrs/day)

Web: www.hc-ps.org/shelter_p3b.htm

Ages: 12 - 17

Services: **Not a drop-in center.** Emergency shelter and support services. Youth must be referred by CPS, Probation, TRIAD, YMCA International, Community Youth Services

Legacy Community Health Services, 1415

California St. 77006 (Main Campus; other locations available are Southwest, Baker-Ripley, Lyons, San Jacinto, Baytown, South Park, North Street, and Calder Avenue; Call for information),

Phone: 832.548.5100

Web: www.legacycommunityhealth.org

Ages: 18 and older

Hours: Mon-Wed 8am-6:30pm; Thurs-Fri 8am-5pm (Montrose campus; call for hours at other locations)

Services: adult primary care, pediatrics, OB/GYN & maternity, dental care, vision services, Pediatrics, behavioral health, HIV/AIDS & STI screening and treatment, transgender specialty care, vaccination and immunization

The Montrose Center, 401 Branard, 2nd
Floor 77006

Phone: 713.529.0037

713.529.3211 hotline

Web: www.montrosecenter.org

Ages: All; see specific services

Hours: Mon-Fri 8am-7pm

Services: counseling, HIV/TB testing, prevention education, assistance with obtaining IDs, case management, food stamp applications, crisis counseling, computer/internet access, hotline/ help line, sexual assault support, substance abuse-outpatient (17 & older), domestic violence shelter (18 & older)

Montrose Grace Place at Grace Lutheran Church, 2515 Waugh Drive 77006

Phone: 713.528.3269

Web: www.gracelutheran-houston.org/p/grace-place.html

Ages: 13 - 21

Hours: Thurs: 6 pm - 10 pm

Services: home cooked dinners, creative activities, clothing and toiletries closet

Open Gate Homeless Ministry at Bering Memorial United Methodist Church,

1440 Harold Street 77006

Phone: 713.526.1017

Web: www.beringumc.org/open-gate-homeless-ministry/

Ages: 18 - 24

Hours: Sundays 12:30pm-3:30pm (Hawthorne Dinner)

Services: college/vocational application assistance, job skills training, life skills training, mentoring/peer support, backpack program, weekly family style dinner, computer access, hygiene items, referrals

Out for Education

P.O. Box 667010 Houston, TX 77266

Web: outforeducation.org/

Ages: 17 - 25

Services: scholarships (GPA at least 2.75)

Planned Parenthood Gulf Coast

Site 1: 4600 Gulf Freeway 77023

Phone: 713.522.3976

Web: www.plannedparenthood.org/planned-parenthood-gulf-coast

Ages: All

Hours: Mon 10am-6:45pm, Tues & Weds 9am-4:45pm, Thurs 10am-5:45pm, Fri 7:30am-3:45pm, Sat. 7am-12:45pm

Services: STI testing and treatment for males and females, including HIV, well woman exams, pap tests, birth control methods, breast exams, pregnancy testing, urinary tract infection treatment, HPV vaccine, abortion information

Planned Parenthood Gulf Coast

Site 2: Southwest Health Center, 5800 Bellaire Blvd., Bldg 1B, Suite 120, 77081

Phone: 713.541.5372

Ages: All

Hours: Mon 8:30am-4:30pm, Tues 10am-7pm, Weds-Fri 8:30am-4:30pm, Sat. 8am-1pm

Services: STI testing and treatment for males and females, including HIV, well woman exams, pap tests, birth control methods, breast exams, pregnancy testing, urinary tract infection treatment, HPV vaccine, abortion information

SEARCH Resource Center, 2505 Fannin 77002

Phone: 713.739.7752

Web: www.searchhomeless.org

Ages: All

Hours: **By Appointment Only** Mon – Thurs 8am – 3 pm (Arrive by 7am); Fri 7:30 - noon

Services: meals, showers, laundry, mailing address, clothing, referrals, employment services, stabilization services, Harris Health System card applications, food stamp applications

Texas Workforce: WF SOLUTIONS-DOWNTOWN 500 McKinney St 77002

Phone: 832.393.1313

Web:

www.twc.state.tx.us/customers/jsemp/job-seekers-employees.html

Ages: Varies by program; call for info

Hours: Mon-Tue 2pm-4pm, Weds – Thurs 10am-12pm

Services: employment and training services, access to childcare, also a Community Voice Mail provider

SER Jobs for Progress, 201 Broadway Street 77012

Phone: 713.773.6000

Web: www.serhouston.org

Ages: All; 18 - 24 for YouthBuild Program, 14-24 for other youth services

Hours: Mon-Fri 8am-5pm

Services: college/vocational application assistance, GED attainment, job placement, job skills training, life skills training, mentoring/peer support, scholarships/financial aid, youth internships

Stand Up for Kids at The Haven Center, 1827 W. Alabama St. 77098

Phone: 713.528.5819

Web: church.ststephenshouston.org/

Ages: 18-21

Hours: Tuesdays 6:30pm (Street Outreach);

Fridays 6:30pm-8:30pm (Drop In Center)

Services: food, hygiene items, backpacks, rent assistance, referrals